Droid Modeling Tools Installation Instructions:
Windows Installation:

Step 1: close Maya
Step 2:
Drag icons to:
C:\Users\YOURNAME\Documents\maya\2019\prefs\icons
Drag markingMenus to:
C:\Users\YOURNAME\Documents\maya\2019\prefs\markingMenus
Drag Shelves to:
C:\Users\YOURNAME\Documents\maya\2019\prefs\shelves
Step3: Open Maya
Step 4: Top left of Maya click the circular gear icon on the shelf and go to Load Shelf
navigate to the shelf_droid_shelf.mel that you installed into your
C:\Users\YOURNAME\Documents\maya\2019\prefs\shelves
That's it, Enjoy!

MAC and Linux Users: Same basic instructions but your folders will be in different locations.
On a MAC, something like: Library/Preferences/Autodesk/maya/scripts
This Library folder may be hidden by default on a MAC so you may need to access through the Finder menu